



Circle of Security

# PARENT TRAINING

**Location:** Early Childhood Council of La Plata County's meeting room  
701 Camino Del Rio Suite 201  
Durango, CO 81301

**Materials:** Pen, Notebook and Flyers will be provided. Along with appetizers and refreshments.



**APRIL  
16, 18, 23,  
& 25  
5:30-7:30PM**

Connect with Other Parents and Learn How to Support Your Child's Social Emotional Growth! As parents, we all want the best for our children.



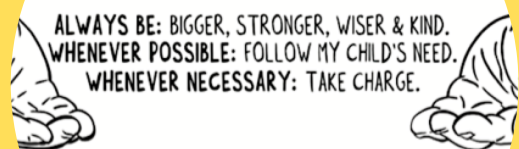
- ✓ Meet other parents who are experiencing similar things with their children
- ✓ Judgement Free Place to Ask Q's
- ✓ Learn New Strategies to Connect and Parent Your Children

## For More Information

Sarah M. Kahn, MA, NLC, ABIS-I, ECMHS

**Space is Limited**, Please confirm registration by emailing, texting or calling:

Sarahk@ecclaplata.org & 970.403.6708 (Text or Call)



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# SEEDLINGS: PARENTING TO NURTURE HOPE, STRENGTH, KNOWLEDGE & LOVE

March 26, 28 & April 2  
& 4th

5:30 - 7:30PM

WITH :

SARAH KAHN

MA, NLC, ABIS-I, ECMHS

WHERE :

EARLY CHILDHOOD COUNCIL OF LA  
PLATA COUNTY MEETING ROOM  
701 CAMINO DEL RIO, SUITE 201  
DURANGO, CO 81301

Register :

[Sarahk@ecclaplata.org](mailto:Sarahk@ecclaplata.org)

970.403.6708 (Text or Call)

Space is limited, please confirm  
your spot ASAP



This is a group for parents who are wanting to connect with other families, learn strategies to change their family culture into one that is grounded in Hope, Strength, Knowledge & Love. Learn skills to process your own trauma, self-care, and mindful parenting your child in their current developmental stage.